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On this page:

- [Covid-19](#)
- [CYP](#)
- [Diversity and Inclusion](#)
- [Strategy and Impact Reports](#)
- [Time, Money and Investments](#)

COVID-19

Impact of Covid-19 on Disabled People

Source: Activity Alliance

This report uses secondary research to explore and summarise the significant challenges that disabled people have faced throughout the course of the Covid-19 pandemic.

The document outlines the social impact of the pandemic, the effect that restriction measures have had on disabled people and the impact that this has had on their physical activity levels. References to the relevant research reports can be found in the notes pages of this document.

This report (uploaded in January 2021) follows on from the Activity Alliance's August 2020 report.

Understanding the Impact of Covid-19

Source: Sport England

This document will help you understand the current impact of Covid-19 for consumers and the sport and physical activity sector. Accurately predicting the impact of such a complex, fast moving, unprecedented situation is almost impossible. However, it will help you to build understanding of the current position and then plan carefully to both mitigate the threats and seize any opportunities presented by the situation

Back in Lockdown: Girls' and Young Women's Hopes and Fears for the Future

Source: GirlGuiding

For over a decade, Girlguiding's research has captured girls' and young women's lives, highlighting their views, experiences, and the challenges they face.

Through this research, girls' and young women's voices reveal how they're coping with the profound changes that have occurred in their lives over the past year. They share the things they're finding hard, what they're concerned about and their hopes for the future. This research builds on Girl Guiding's previous survey with girls and young women in May 2020 which looked at how they were coping in the first lockdown and at the start of the pandemic.



Impact of Covid-19 on Members (December 2020 Report)

Source: Spotted

In December 2020, Sport sought to consult with members to understand their needs and challenges related to Covid-19.

Among other significant findings, the organisation identified that Covid-19 has had substantial impact on young people, particularly on their mental health. As a result, youth workers and community volunteers need additional training and support to be able to deal with this.

CYP

Children and Young People Active Lives Report 2019-20

Source: Sport England

The number of children and young people who were physically active fell during the 2019/20 academic year in England, as first storms and then the coronavirus (Covid-19) pandemic restricted the type of activities available.

The figures, published today in Sport England's latest Active Lives Children and Young People Survey covering the 2019/20 academic year, show 44.9% of children and young people (3.2 million) met the Chief Medical Officer guidelines of taking part in sport and physical activity for an average of 60 minutes or more a day.

To explain the survey's results as clearly as possible, Sport England have produced two reports.

The first covers the full 2019/20 academic year and, in addition to the pandemic, also includes the significant impact of the storms that were so disruptive last January and February.

The second focusses specifically on children and young people's behaviours in the summer term as activity restarted after the first national lockdown.

Prince's Trust Tesco Youth Index 2021

Source: The Prince's Trust

This year's report highlights the "devastating toll" that covid-19 has had on the lives of 16-25 year olds and their mental wellbeing. Amid the throes of a global pandemic, young people, particularly those not in education, training or employment are concerned about not being able to find a career as well as increased competition in the job market. However, young people are more determined than ever to strive for a brighter and more secure future with 78% hopeful for a better year ahead



Diversity and Inclusion

Annual Disability and Activity Survey 2020-21

Source: Activity Alliance

Evidence shows disabled people's lives have been the hardest hit by COVID-19. The Activity Alliance's second Annual Survey reveals the stark impact of this crisis on disabled people's activity levels.

Activity Alliance's Annual Disability and Activity Survey complements Sport England's Active Lives Adult Survey. With the focus on disabled people, this report goes into greater detail on perceptions, experiences and important issues.

This year's survey results show how the pandemic is not only widening existing inequalities for disabled people but creating new ones too.

Get Out Get Active 2020 Report

Source: GOGA

Get Out Get Active (GOGA) is a programme that runs across the UK, supporting disabled and non-disabled people to enjoy being active together.

This report measures the ongoing success of GOGA's programme under 4 key criteria: Impact, Delivery, Sustainability and Learning.

Understanding and Addressing Inequalities in Physical Activity: Evidence-based Guidance for Commissioners

Source: Public Health England

This report presents the findings of a study, conducted at the University of Derby, which aimed to further understand levels of inequalities in physical activity across and within protected characteristic groups. It is hoped that this information will be useful for commissioners, from a variety of sectors, to proactively work towards equal opportunities for all individuals in health and wellbeing.

Three major themes have been identified for commissioners to consider as actions to reduce inequalities in physical activity:

- enablers, barriers and identifying opportunity
- community consultation, engagement, and partnership
- holistic approach for protected characteristics and intersectionality



Strategy and Impact Reports

Alliance of Sport 2019/20 Impact Report

Source: Alliance of Sport

The Alliance of Sport's 2019 – 2020 Impact Report documents the organisation's achievements and progress.

Some of the headlines include:

- Launching the Levelling the Playing Field project alongside the Youth Justice Board, thanks to record funding from the London Marathon Charitable Trust
- Launching and co-chairing the National Sports Forum for Reducing Reoffending in partnership with HMPPS
- Leading a global research project with Professor Rosie Meek and the Thailand Institute of Justice to compile best practice for using sport in youth crime prevention
- Leading a new research initiative with several leading universities into what makes effective partnerships between sport and criminal justice agencies

People and Places: The Story of Doing it Differently

Source: Sport England

'People and Places: The story of doing it differently' captures and share the collective learning of the local delivery pilots to date. Covering the period from concept in 2017 through to the vivid realities of the current pandemic.

This isn't a simple step-by-step manual of instructions on 'how to do it', but it will explore the 'how' and 'why' of the approach and the amazing people and places that have shaped the change.

The fundamental question was to understand how working with, and in, places, Sport England could address the stubborn inequalities that exist among the least active through community-led solutions.

Youth Sport Trust Impact Report 2019/20

Source: YST

This impact report covers 2019/20 — the second full academic year of the Youth Sport Trust's 2018–2022 strategy, Believing in Every Child's Future.

"In this report we share data, insights and stories from some of the young people whose wellbeing we have been able to support. Working together with schools and valued partners we have improved physical and mental health, nurtured the development of character and leadership, and fostered inclusion and empathy to bring down barriers and build connections." - Ali Oliver, YST Chief Executive



The Future of Sport and Development

Source: The International Platform on Sport and Development

This report summarises recommendations on reimagining the future of sport and development, including insights from The International Platform on Sport and Development's 2020 call for articles and webinar.

As the coronavirus pandemic has profoundly affected sport, including the use of sport in development, it is opportune to question the role of sport in society. Should we be going back to business as usual OR is it time for sport to change? How can sport better serve society and all its people in a brave new world?

Time, Money and Investments

European Health and Fitness Market Report 2020 (Published: April 2020)

Source: Deloitte

In its seventh edition, the 2020 Europe Active European Health & Fitness Market Report presents the most comprehensive analysis of the European health and fitness industry to date. The report contains current information on the major European fitness markets and club operators, recent merger and acquisition activities, as well as a chapter on the European fitness ecosystem.

"This report covers the calendar year 2019. The year 2019 was again an excellent one for the sector and we know from discussions with leaders in the industry that also the 1st quarter of 2020 had started very well. But in the last weeks of 2019 we started to see initial effects of the COVID-19 pandemic, which is by now impacting our sector in an unprecedented way." March, 2020